

# BUILD YOUR OWN

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**\$6.99** INCLUDES BREAD, PROTEIN, CHEESE, TOPPINGS & CONDIMENTS

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## #1 BREADS

SWEET FRENCH ROLL, HEALTHY GRAIN ROLL, GLUTEN-FREE BUN, SLICED WHEAT, SLICED RYE, SLICED SOURDOUGH

## #2 PROTEINS

TURKEY, HAM, PASTRAMI, CHICKEN, SALAMI, ROAST BEEF, TEMPEH FAKIN BACON, VEGGIE BURGER, TUNA, FIELD ROAST

## #3 CHEESES

PROVOLONE, JACK, PEPPER JACK, SWISS, CHEDDAR

## #4 TOPPINGS

LETTUCE, SPROUTS, RED ONIONS, CUCUMBERS, PICKLES, TOMATOES, PEPPERONCINIS, ROASTED RED PEPPERS

## #5 CONDIMENTS

PLANT-BASED MAYO, DIJON MUSTARD, OIL & VINEGAR, CHIPOTLE MAYO, HONEY MUSTARD, HOUSEMADE DIABLO DRESSING, HUMMUS, PESTO, HOUSEMADE TAHINI DRESSING

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**ADDITIONS - \$.50/EACH:** AVOCADO, EXTRA CONDIMENTS, EXTRA CHEESE, EXTRA VEGGIES

**ADDITIONS - \$1.00/EACH:** BACON, BRIE

**EXTRA PORTION OF PROTEIN- \$2.00**

# SIGNATURE SANDWICHES

PLEASE, NO SUBSTITUTIONS

## TRI-TIP

\$7.99

TRI-TIP AND HOUSEMADE CHIPOTLE MAYO ON A FRENCH ROLL

## HOT PASTRAMI

\$7.49

PASTRAMI, PROVOLONE, LETTUCE, TOMATO, RED ONION, PEPPERONCINIS, MAYO, AND MUSTARD ON A FRENCH ROLL

## CHIPOTLE CHICKEN & BACON

\$7.99

CHICKEN, BACON, PEPPER JACK CHEESE, ROASTED RED PEPPERS, PEPPERONCINIS, AND CHIPOTLE MAYO ON A FRENCH ROLL

## F.B.L.A.T.

\$7.49

TEMPEH FAKIN BACON, LETTUCE, AVOCADO, TOMATO, AND MAYO ON TOASTED SLICED WHEAT

## TURKEY PESTO BRIE PANINI

\$7.99

TURKEY, PESTO, AND BRIE CHEESE ON HERBED FOCACCIA

## TUNA MELT

\$6.99

TUNA SALAD, TOMATO, AND CHEDDAR CHEESE GRILLED ON SLICED WHEAT

# LITTLE LEAF

PLEASE, NO SUBSTITUTIONS

## PB&J

PEANUT BUTTER, GRAPE OR RASPBERRY JELLY ON SLICED WHEAT

\$4.99

## GRILLED CHEESE

CHEDDAR CHEESE ON SLICED WHEAT

\$4.99

## ADD PROTEIN!

CHOICE OF TURKEY OR HAM

ADD \$2.00

## ADD A CUP OF SOUP!

PURCHASE TOGETHER FOR \$1 OFF  
OUR REGULARLY PRICED CUP OF SOUP

ADD \$2.99



# SANDWICH SPECIALS

MADE WITH ORGANIC PRODUCE!

PLEASE, NO SUBSTITUTIONS

## MONDAYS

**VEGGIE LASAGNINI PANINI** \$7.99

ZUCHINI, EGGPLANT, BELL PEPPER, BABY SPINACH WITH HOUSEMADE MARINARA, RICOTTA AND PROVOLONE CHEESES ON HERBED FOCACCIA

## TUESDAYS

**SRIRACHA CHICKEN** \$7.99

PULLED BBQ CHICKEN WITH PEPPER JACK CHEESE AND SRIRACHA SAUCE ON A FRENCH ROLL

## WEDNESDAYS

**BEET BURGER SANDWICH** \$7.99

HOUSEMADE BEET BURGER WITH LETTUCE, TOMATOES, ONIONS, AND PICKLES ON A SPROUTED WHEAT BUN

## THURSDAYS

**CHICKEN SALAD CROISSANT** \$7.99

HOUSEMADE TARRAGON CHICKEN SALAD OR VEGAN CHICK'N SALAD WITH LETTUCE ON A CROISSANT

## FRIDAYS

**EGGPLANT & MOZZARELLA PANINI** \$7.99

GRILLED EGGPLANT WITH PESTO AND FRESH MOZZARELLA ON HERBED FOCACCIA

## SATURDAYS

**MEATBALL SUB** \$7.99

HOUSEMADE MEATBALLS WITH OUR HOUSEMADE MARINARA SAUCE AND PROVOLONE CHEESE ON A FRENCH ROLL

## SUNDAYS

**TRIPLE CHEESE AND TOMATO PANINI** \$7.99

COMBO OF CHEDDAR, JACK, AND PROVOLONE CHEESES, WITH TOMATOES ON HERBED FOCACCIA